



Emergency Care Plan

American Christian Academy



FOOD ALLERGY

School Year: _____/_____

Student: _____ Grade: _____ Homeroom Teacher: _____ DOB: _____

Asthmatic: ☐ Yes ☐ No (increased risk for severe reaction)

Allergen(s): _____

Mother: _____ Home #: _____ Work #: _____ Cell #: _____

Father: _____ Home #: _____ Work #: _____ Cell #: _____

Emergency Contact: _____ Relationship: _____ Phone: _____

SYMPTOMS OF AN ALLERGIC REACTION MAY INCLUDE ANY/ALL OF THESE:

- **MOUTH** Itching & swelling of lips, tongue or mouth, mouth “feels hot”
- **THROAT** Itching, tightness in throat, hoarseness, cough
- **SKIN** Hives, itchy rash, swelling of face and extremities
- **STOMACH** Nausea, abdominal cramps, vomiting, diarrhea
- **LUNG** Shortness of breath, repetitive cough, wheezing
- **HEART** “Thready pulse”, “passing out”

The severity of symptoms can change quickly – it is important that treatment is given immediately.

TREATMENT: Rinse contact area with water if appropriate.

Then, call:

☐ Mother ☐ Father ☐ Emergency Contact ☐ Healthcare Provider

ACTION FOR MINOR REACTION

Treatment should be initiated ☐ with symptoms ☐ without waiting for symptoms

1. If the only symptoms (s) are: _____,
give _____ (medication/dose/route).

If condition does not improve within 10 minutes or worsens, follow steps for Major Reaction below.

ACTION FOR MAJOR REACTION

Epinephrine ordered: ☐ Yes ☐ No Special instructions: _____

IF INGESTION OR SUSPECTED INGESTION OF ALLERGEN OCCURS, SYMPTOMS ARE PRESENT, AND EPINEPHRINE IS ORDERED, EPINEPHRINE WILL BE GIVEN IMMEDIATELY AND 911 WILL BE CALLED FOR STUDENT TO BE TRANSPORTED TO NEAREST HOSPITAL.

Epinephrine provides a 20 minute response window. After epinephrine, a student may feel dizzy or have an increased heart rate. This is a normal response. Students receiving epinephrine should be transported to the hospital by ambulance

Healthcare Provider: _____ Phone: _____

Parent/Guardian Signature: _____ Date: _____

This plan is in effect for the current school year and summer school as needed.